

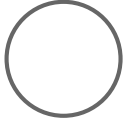
This is how sad feels in my body

Name _____

Date _____

Class _____

How I feel now. Draw a face
to show how you feel.



Instructions: Draw on the gingerbread person to show how you look and feel in your body when you feel sad.



Some other words

for feeling sad

miserable
unhappy
disappointed
lonely
upset
hurt
low

